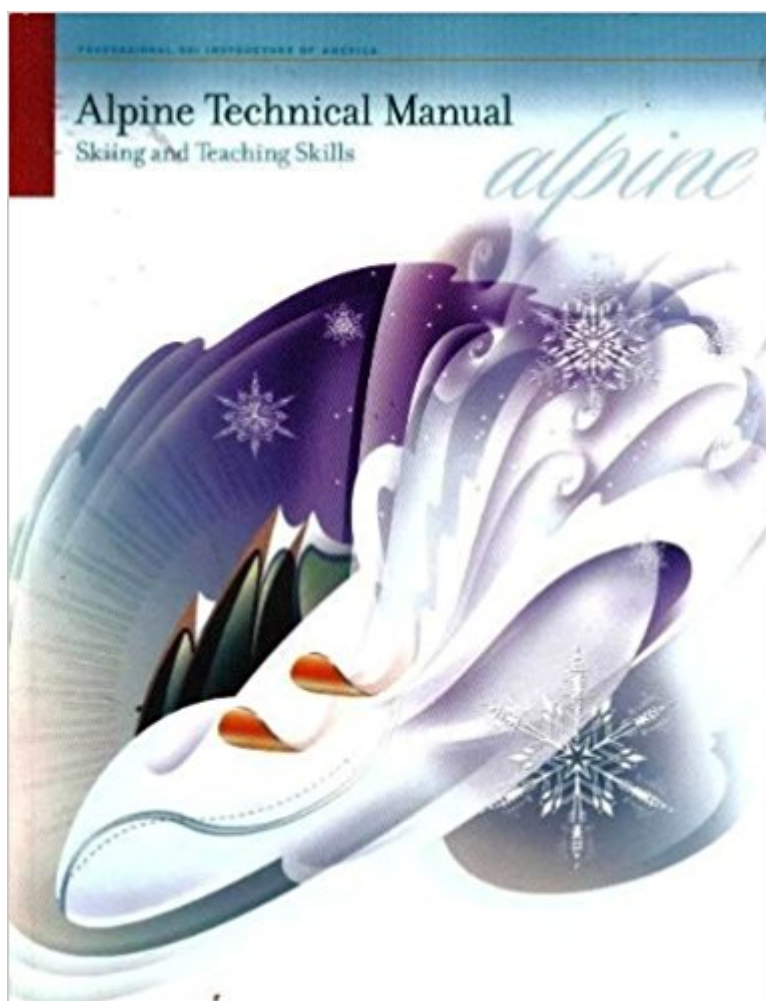


The book was found

Alpine Technical Manual: Skiing And Teaching Skills



Synopsis

A companion to Core Concepts for Snowsports Instructors, this manual addresses the fundamental PSIA concepts for alpine skiing, including stepping stones and the skills concept. Lesson planning, teaching practices, movement mechanics, and ski performance are all covered. It incorporates features of American skiing, ski performance, movement analysis, skier zones, slope etiquette, and boot alignment issues. Skiing drills, lesson tips, and beautiful skiing photos in full color are designed to boost your teaching expertise, letting both you and your students enjoy the process of learning. 8 x 11". 92 pages.

Book Information

Paperback: 76 pages

Publisher: Professional Ski Instructors of America (2002)

Language: English

ISBN-10: 1882409221

ISBN-13: 978-1882409228

Package Dimensions: 10.7 x 8.2 x 0.3 inches

Shipping Weight: 1.6 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,242,002 in Books (See Top 100 in Books) #75 in Books > Sports & Outdoors > Outdoor Recreation > Skiing > Downhill #2016 in Books > Sports & Outdoors > Winter Sports

Customer Reviews

A companion to Core Concepts for Snowsports Instructors, this manual addresses the fundamental PSIA concepts for alpine skiing, including stepping stones and the skills concept. Lesson planning, teaching practices, movement mechanics, and ski performance are all covered. It incorporates features of American skiing, ski performance, movement analysis, skier zones, slope etiquette, and boot alignment issues. Skiing drills, lesson tips, and beautiful skiing photos in full color are designed to boost your teaching expertise, letting both you and your students enjoy the process of learning. 8 x 11". 92 pages.

[Download to continue reading...](#)

Alpine Technical Manual: Skiing And Teaching Skills Technical Skills for Alpine Skiing Technical Skills for Alpine Skiing by Foster, Ellen Post (1996) Paperback Coaching Baseball Technical and

Tactical Skills (Technical and Tactical Skills Series) Coaching Football Technical and Tactical Skills (Technical and Tactical Skills Series) Coaching Volleyball Technical & Tactical Skills (Technical and Tactical Skills Series) Ski Games: A Fun-Filled Approach to Teaching Nordic and Alpine Skills Technical Manual, 18th edition (Technical Manual of the American Assoc of Blood Banks) Utah: The Complete Ski and Snowboard Guide: Includes Alpine, Nordic, and Telemark Skiing & Other Winter Sports Alpine and Freestyle Skiing (Winter Olympic Sports) How I Ski: Expert Alpine Skiing Demystified! Be Fit to Ski: The Complete Guide to Alpine Skiing Fitness Alpine Skiing (Outdoor Adventures Series) Climbing and Skiing Colorado's Mountains: 50 Select Ski Descents (Backcountry Skiing Series) Backcountry Skiing California's High Sierra (Backcountry Skiing Series) Soft Skiing: The Secrets of Effortless, Low-Impact Skiing for Older Skiers Backcountry Skiing Utah: A Guide to the State's Best Ski Tours (Backcountry Skiing Series) Backcountry Skiing Utah (Falcon Guides Backcountry Skiing) For the Love of Skiing: A Visual History of Skiing The Physics of Skiing: Skiing at the Triple Point

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)